



Reconnect. Awaken your senses.

At Valescure Golf Hotel, dive into an intimate, welcoming world midway between light and shadow. Immerse yourself in a world of exceptional treatments and letting go. Push open the doors to the Spa and let your senses be your guide.

Follow the captivating scent of Huile Prodigieuse®, which promises a sensory journey and an exceptional experience. Discover wonderful treatments and deeply effective techniques: feel your senses take over and re-connect with your innermost self.

SPA ETIQUETTE

ARRIVAL

Please arrive at least 15 minutes before your scheduled appointment in order to respect the timeline of our treatment schedule. Out of respect for the others customers, any delay, will reduce the length of your treatment by the equivalent time (the total amount remaining due).

RESERVATION

Reservations can be made on site at the Spa NUXE reception desk, or by telephone at the hotel reception desk on +33 (0)4-94-52-85-00.

Full payment is required to validate your reservation.

Access to the spa is available from the age of 16. Minors must be accompanied by an adult.

CANCELLATION

If you are unable to attend, we kindly ask you to cancel your appointment at least 48 hours in advance. In case of cancellation of an appointment less than 48 hours in advance or in case of no-show, the payment will be kept and no refund or credit note will be possible.

CONTRAINDICATIONS

Please let our staff know if you have any health problems (blood circulation, allergies, asthma, etc.) or if you are pregnant, knowing that some treatments may not be suitable for you.

If you are pregnant, please bring a medical authorization at your appointment.

TREATMENTS

The treatment times indicated correspond to the actual treatment time. The use of bathrobe, towel and flip-flops is included. All our treatments are mixed and can be done in duo (except for the 32 Montorgueil Treatment), please ask at the Spa reception.

We provide disposable underwear for treatments in cabins (compulsory for men)

Our massages are wellness treatments, with no therapeutic or medical purpose.

CAUTIONS

The management cannot be held responsible for lost, stolen, forgotten or damaged items on the spa premises. No valuables should be left in the changing rooms and lockers.



VALESCURE GOLF HOTEL NUXE SPA

55 avenue Paul l'Hermite - 83700 Saint Raphael
Phone : +33 (0)4 94 52 85 00

- Spa is open to outside guests -

[HTTPS://FR.NUXE.COM/SOINS-SPA.LIST](https://fr.nuxe.com/soins-spa.list) - [WWW.VALESCURE.NAJETI.FR](http://www.valescure.najeti.fr)



30 MINUTES TREATMENTS.....€65 / €130 DUO

Foot Relaxation Nuxe Massage

Massage focused on the soles of your feet, the key to your balance and comfort.

Prodigieux® Back Nuxe Massage

A relaxing massage targeting the shoulders, back and nape of the neck, for a well-being sensation.

Charismatic® Head Nuxe Massage

The guarantee to switch-off, thanks to this head massage designed to relax your whole body.

Instant Radiance Face Treatment

This express treatment is the fast track to a healthy complexion, combining an exfoliation and mask.

NUXE BIO Source of Radiance Face Treatment

This skincare instantly reveals your skin's radiance thanks to a scrub followed by a shaping technique.

Nourrishing Rêve de Miel® Body Scrub

The ultra-indulgent express treatment that leaves skin feeling as soft as honey.

NUXE BIO Energising Body Scrub

The re-energising feel of a dry scrub treatment. This technique uses a natural fibre brush, followed by the soothing luxuriousness of NUXE BIO Body Oil.



HOLISTIC ANTI-AGEING
FACE TREATMENT
LE 32 MONTORGUEIL®

Balanced skin, balanced mind.
Envisioned as a truly sensory journey, these original experiences are punctuated by sensory stimuli that guide the mind towards equilibrium. Alive with radiance, the skin appears younger and more luminous, reflecting gorgeously balanced beauty.

1 HOUR €160

Holistic Youthful Radiance Treatment

This expert face treatment invites you to let go by combining breathing exercises inspired by Sophrology and soothing vibrations of a crystal singing bowl. After a full-face treatment, your NUXE Spa expert will use her fingers to choreograph a "lifting" effect, sculpting volume and smoothing your features to leave your complexion glowing and serene.

EXCLUSIVE ESTEREL MASSAGE

45 MINUTES €99 / €198 DUO
1 HOUR 15 €165 / €330 DUO

This exclusive full body treatment is a real invitation to reconnect with your senses. After deep breaths, let yourself be lulled by enveloping movements for absolute relaxation.

45 MINUTES TREATMENTS..... €99 / €198 DUO

Relaxing Nuxe Massage

A moment of pure relaxation thanks to the gentle, encircling massage technique.

NUXE BIO Revitalising Nuxe Massage

This massage will surround you with a wave of energy, reactivating circulation flows and relaxing your body.

Ultimate Face Treatment

The secret to fresh, luminous skin:scrub, mask and finally sculpting with Super Serum 10.

NUXE BIO Detoxifying Face Treatment

This treatment reveals the freshness and vitality of your complexion by combining a double scrub and a mask.

Deep Tissue Nuxe Massage €103 OR €206 DUO

Intense, relaxing motions that skilfully address any areas of tension.

DUO GETAWAYS

1 HOUR 15 €320

Men's Getaway

1 DEEP TISSUE NUXE MASSAGE 45 MINUTES PER PERSON
+ 1 CHARISMATIC® HEAD NUXE MASSAGE 30 MINUTES PER PERSON

1 HOUR 15 €320

Recovery Getaway

1 NUXE BIO ENERGISING BODY SCRUB 30 MINUTES PER PERSON
+ 1 DEEP TISSUE NUXE MASSAGE 45 MINUTES PER PERSON

1 HOUR 30 €360

Relaxing Family Getaway

1 RELAXING NUXE MASSAGE 45 MINUTES PER PERSON
+ 1 ULTIMATE FACE TREATMENT 45 MINUTES PER PERSON

1 HOUR 30 €360

Nuxuriant Getaway

1 RELAXING NUXE MASSAGE 45 MINUTES PER PERSON
+ 1 FACE TREATMENT OF YOUR CHOICE (AMONG NUXE BIO DETOXIFYING FACE TREATMENT OR ULTIMATE FACE TREATMENT) 45 MINUTES PER PERSON

2 HOURS €480

BIO Resourcing Getaway

1 NUXE BIO ENERGIZING BODY SCRUB 30 MINUTES PER PERSON
+ 1 NUXE BIO REVITALISING NUXE MASSAGE 45 MINUTES PER PERSON
+ 1 NUXE BIO DETOXIFYING FACE TREATMENT 45 MINUTES PER PERSON

2 HOURS 30 €600

Prodigicuse® Getaway

1 RÊVE DE MIEL® ROURISHING BODY SCRUB 30 MINUTES PER PERSON
+ 1 CALIFORNIAN NUXE MASSAGE 1 HOUR 15 PER PERSON
+ 1 FACE TREATMENT OF YOUR CHOICE (AMONG NUXE BIO DETOXIFYING FACE TREATMENT OR ULTIMATE FACE TREATMENT) 45 MINUTES PER PERSON

1 HOUR 15 TREATMENTS.....€165 / €330 DUO

Californian Nuxe Massage

A choreography of fluid, sweeping movements: the ultimate in relaxation.

NUXE BIO Revitalising Nuxe Massage

This massage will surround you with a wave of energy, reactivating circulation flows and relaxing your whole body.

Exceptional Face Treatment

The tailor-made protocol to make your skin glow.

NUXE BIO Detoxifying Face Treatment

This comprehensive treatment revitalises your skin by combining the power of NUXE BIO skincare with a relaxing manual shaping technique.

ESCAPES

1 HOUR 15 €160

Men's Escape

1 DEEP TISSUE NUXE MASSAGE 45 MINUTES
+ 1 CHARISMATIC® HEAD NUXE MASSAGE 30 MINUTES

1 HOUR 15 €160

Recovery Escape

1 NUXE BIO ENERGISING BODY SCRUB
+ 1 DEEP TISSUE NUXE MASSAGE 45 MINUTES

1 HOUR 30 €180

Nuxuriant Escape

1 RELAXING NUXE MASSAGE 45 MINUTES
+ 1 FACE TREATMENT OF YOUR CHOICE (AMONG NUXE BIO DETOXIFYING FACE TREATMENT OR ULTIMATE FACE TREATMENT) 45 MINUTES

2 HOURS €240

BIO Resourcing Escape

1 NUXE BIO ENERGIZING BODY SCRUB 30 MINUTES
+ NUXE BIO REVITALISING NUXE MASSAGE 45 MINUTES
+ 1 NUXE BIO DETOXIFYING FACE TREATMENT 45 MINUTES

2 HOURS 30..... €300

Prodigicuse® Escape

1 RÊVE DE MIEL® NOURISHING BODY SCRUB 30 MINUTES
+ 1 CALIFORNIAN NUXE MASSAGE 1H15
+ 1 FACE TREATMENT OF YOUR CHOICE (AMONG NUXE BIO DETOXIFYING FACE TREATMENT OR ULTIMATE FACETREATMENT) 45 MINUTES

WELNESS AREA

Equipped with a hammam, a sauna and a whirlpool, the wellness area is the ideal place to relax after a Saint-Raphael escape.

Access

Spa treatments (except for the 30-minute treatments) include access to the relaxation area for one hour, only before the service (except for the 10am treatments, which can only be accessed after the service). They cannot be consumed separately.

Swimming costumes must be worn in the wellness area. Sandals must be worn for safety reasons. The spa with its wellness area is a world of peace and relaxation.

Please turn off your mobile phones for the peace of mind of all for everyone's peace of mind. Smoking and eating are not permitted inside the spa.

GIFT VOUCHERS

Gift vouchers are valid for one year from the date of issue. They are personal, non-refundable, non-exchangeable and non-transferable.